



About Silvia Bottini

Silvia is an Ashridge-accredited executive coach who partners with executives to help them navigate role or career transitions with renewed clarity and purpose. Drawing on her experience of organizational life, she creates a reflective space — away from the fast-paced demands of corporate life — where clients can explore the alignment between their professional role, core values, and deep motives. Having successfully navigated her own transition from a corporate career within global firms to executive coaching, she understands first-hand the challenges and opportunities that come with redefining one's professional path. Silvia's experience enables her to support clients both with empathy and a deep appreciation for what meaningful transformation requires.

As a consultant and facilitator, Silvia focuses on delivering training programs that invite clients to explore how their leadership presence — expressed through their energy, emotional range, creativity, embodied values, intuition, and chosen focus — influences their impact and performance within their organizations and wider systems.

Originally from Italy and now based in Dubai, Silvia brings a deeply international perspective, shaped by three decades of living and working across London, Frankfurt, Vienna, and Dubai. This global outlook, combined with her Italian warmth, enables her to connect meaningfully across cultures and industries. Silvia holds an MSc in Executive Coaching from HULT Ashridge Business School and works in English and Italian.

Examples of your work:

- Designing and delivering Talent Development programs using the Hogan Assessments Systems.
- Coaching senior leaders navigating role transitions.
- Designing and facilitating team coaching away-days for regional management teams in the Middle East.
- Delivering career transition workshops for women relocating internationally.
- Coaching spouses of senior leaders at the Boston Consulting Group during international relocations.

Accreditations

- Ashridge Accredited Coach
- European Mentoring and Coaching Council (EMCC) Global Individual Accreditation as Senior Practitioner
- Hogan Certified Assessor
- Master of Science in Executive Coaching, HULT Ashridge Executive Education
- Certified NLP Practitioner
- Postgraduate Certificate in Team Coaching, HULT Ashridge Executive Education
- Postgraduate Diploma in Executive Coaching, HULT Ashridge Executive Education
- Result Certified Coach (ICF accredited) – Neuroleadership Institute

What clients say about you

Within the context of my consulting work with large organizations, Silvia played a pivotal role in helping me identify how I was allowing myself to be perceived and guided me in setting boundaries to change that perception.

During our sessions, Silvia really helped me better understand my challenges (which were far broader than what I first perceived) and achieve a healthier life balance.