About Melissa Woodbridge

Melissa has been a Communication Coach for 15 years, drawing on her 25 years acting experience and work in Executive Search. She develops executive's personal presence and impact, their confidence and delivery. She works with leadership teams across different sectors to cultivate skills such as storytelling, influencing and meeting management. She believes that small changes can make a big difference. Through raising awareness and offering specific techniques, she helps people own their message, feel more comfortable and connect to their audience. Finding authenticity and ease under pressure can be difficult, but there are skills that can be learned to achieve this. Sometimes it is creating authority in everyday meetings, or it is 'armour' needed in those heightened moments like public speaking. Ultimately, Melissa helps leaders take control of the room, equipping them with practical techniques to generate the trust, engagement, and inspiration that senior leadership demands. She is an EMCC accredited coach.

Examples of Melissa's work:

- Regular Senior Leadership One-to-One CoachingInterview training
- Panorama events on confidence for Women in Business
- Storytelling workshops
- Interview training
- Senior trainer for UK Business schools such as Judge, LBS and Said
- Roleplay and Forum Theatre

Accreditations

- BA English Literature and Language (Manchester University)
- Post Graduate Certificate in Business and IT (Manchester Business School)
- MDra (Royal Conservatoire of Scotland)
- EMCC Coaching Accreditation

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