



About Oriana Tickell

Oriana is the Director of the Science of Happiness at Work and Coaching Programs at the iOpener Institute. She finds that the Science of Happiness at Work is perfectly aligned with a positive, people-focused approach that builds capability and capacity in others. Which is exactly how she likes to work, making sure that people engage with the process.

She works as an organizational consultant, change expert, team and executive coach. With 20 years of experience in her field, she has developed profound knowledge by working with a wide range of clients, including healthcare, manufacturing, financial services, retail, IT and logistics. She collaborates at the Universidad TecMilenio Mexico, teaching on their Masters in Positive Leadership, and certificate courses on Positive Psychology and Positive Organizations.



Her happiness at work comes from seeing change occur and results delivered as people get reinvigorated by insights about themselves and their teams. She particularly enjoys supporting others inside organizations to use the Science of Happiness at Work for themselves. Her favorite quote in this respect is, "I never imagined we could cover so much ground in so little time."

Oriana is the past president of the International Coach Federation Mexico chapter and known as an authority on the profession. She co-authored a book on Sustainable Leadership with Mercedes Jahn "Con los pies en la tierra y la cabeza en el cielo". She works in both Spanish and English.